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Wallin defiant on expense audit

But the former Conservative senator promises to repay any disallowed expenses, which are pegged at $140,000 PAGE 8

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Young woman run down and killed in the city's south end

Chevrolet Camaro. Nearby store manager frantically jacked heavy car off the pinned pedestrian, who died at the scene

ROBSON FLETCHER
robson.fletcher@metronews.ca

Homicide investigators are looking into a fatal Monday afternoon collision in which an apparent rental car ran down a pedestrian and pinned her beneath the vehicle.

Police took the driver of the vehicle into custody but released few details of the bizarre crash that saw a newer model Chevrolet Camaro mount a sidewalk, cross two lanes of traffic and travel over a median before coming to a rest on top of the victim.

The crash happened shortly before 1:50 p.m. on 42 Street S.E., just off Macleod Trail, according to EMS spokesman Stuart Brideaux, who said there was nothing that could be done to save the woman, believed to be in her mid-20s.

"Upon arrival EMS was confronted with a patient who was, in fact, still trapped underneath the vehicle," Brideaux said. "When we were able to get full access to the patient, after a very brief assessment, we were able to determine that she was deceased and we did not transport her to hospital."

Quoted

> **"I ran out and saw feet and put a jack under the car and jacked it up off of her.... The frame (of the car) was on her skull."**
>
> Paul Young, a manager at the nearby Auto Truck Depot

Paul Young, a manager at the nearby Auto Truck Depot, said he didn't hear the crash but heard the male driver of the vehicle screaming and ran out of his shop to see the woman's feet sticking out from beneath the vehicle.

"I ran out and saw feet and put a jack under the car and jacked it up off of her," he said. "The frame (of the car) was on her skull."

Young said the driver of the vehicle, which carried a rental-car licence plate, appeared to be roughly 30 years old and extremely shaken up.

"He was frantic," Young said. "He was just panicking that she was stuck under the car."

The woman suffered "multiple traumatic injuries" in the collision, Brideaux said. No one else was hurt.

Traffic-unit officers were initially on scene but police said the homicide unit was later brought into the investigation, as well.

Police investigate the scene of the fatal collision, while evidence markers line the path the Chevrolet Camaro took from a strip-mall parking lot, over a sidewalk, across two lanes of traffic and over a median. ROBSON FLETCHER/METRO

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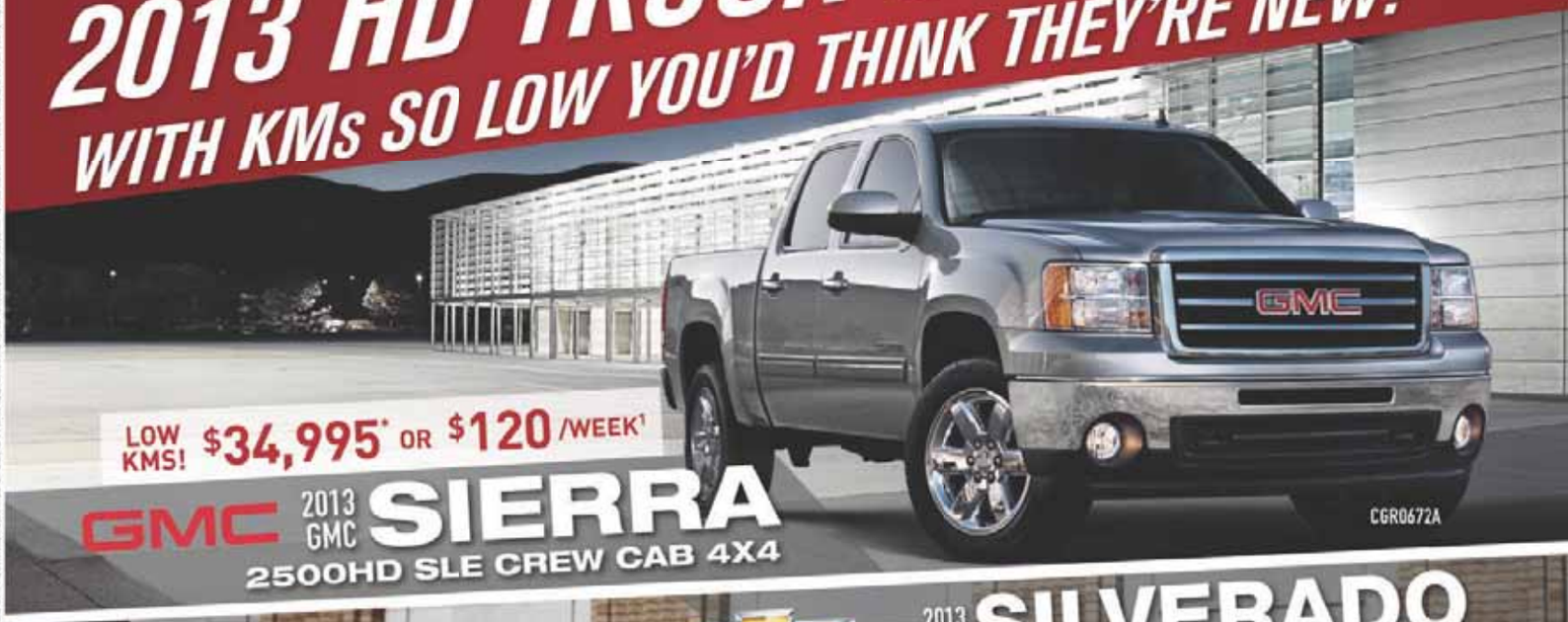

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June floods. Special permit needed next week to live in RVs

Calgary's post-flood grace period for leaving RVs parked on city streets expires next week, and displaced residents who want to continue living in such vehicles need to apply for a special permit.

Since late June's flooding, an exemption has been in place to a city bylaw that prohibits people from residing in recreational vehicles for more than 24 hours.

That exemption expires on Aug. 19, but those "severely affected" by flooding can apply for a permit to continue leaving their RVs in one place and living in them, city transportation spokesman Peter Jacoby said on Monday.

"We figured we'd use a permitting system that will help those people but also prevent abuse of the system," Jacoby said.

The Calgary Parking Authority received about 200 complaints about RVs in July, according to enforcement manager Miles Dyck, but most complainants were unaware of the bylaw exemption.

"Most Calgarians, once we explain the situation, they're very understanding as to why we're not issuing tags," Dyck said.

The authority is investigating complaint calls this week, he added, and warning RV owners who will be in violation of the bylaw once the exemption expires.

Flood-affected people who need to continue living in RVs beyond Aug. 19 can apply for a special permit by calling 311 or visiting the city's permit service counter at 2808 Spiller Rd. S.E. ROBSON FLETCHER/METRO

Tim Baergen, breeder and owner of New World Reptiles in Calgary, cares for more than 50 reptiles, including this Dumeril's boa. ROBSON FLETCHER/METRO

'Over-control' of exotic pets not the answer: Breeders

Tragedy in New Brunswick. Feds hint they might tighten rules after brothers killed by python

JEREMY NOLAIS
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Alberta owners of exotic pets, both slithery and furry, are slamming a pledge by the federal government to review regulations of Canada's exotic pet market in the wake of a Maritimes tragedy involving a banned python.

On Aug. 5, Connor Barthe, 6, and his brother Noah, 4, were asphyxiated by an African rock python belonging to the owner of a Campbellton, N.B., reptile store. The youngsters were buried over the weekend.

In response to the incident, Prime Minister Stephen Harper said Friday that his government "will try to ascertain exactly what has occurred, and if there is a federal role, what needs to be done about that."

But while Calgary and area exotic pet breeders and distributors deem the New Brunswick deaths tragic, they say, if anything, provincial regulations need to be relaxed.

"This was a freak accident," said Tim Baergen, breeder and owner of New World Reptiles.

He cares for more than 50 reptiles in his northeast Calgary home but his collection at one point exceeded 500.

"Most of the people that I know that keep these animals in their house have separate reptile rooms," he said. "They all have closed doors, they're almost inescapable. Escapes do happen — it's going to happen here and there — but many people I know that have these reptiles have kids and are extra-cautious because you never know what can happen."

Baergen suggested that violent incidents involving reptiles in Canada are substantially lower than those related to more typical household pets, namely dogs.

"Over-control" of animals in Alberta also extends well beyond reptiles, said Ty Marshall, owner of an exotic species farm near Vulcan, a little more than an hour southeast of Calgary.

"There's hundreds of species that are illegal that shouldn't be — there's different species of rabbits and hares, things like that, that are not dangerous at all that are banned," he said.

He said other provinces are more lax when it comes to certain mammals and birds, his specialty. Ontario and B.C., for example, allow owners to keep zebras.

"Why can't I own a zebra?" Marshall said. "There's basically no difference from a horse."

WITH FILES FROM THE CANADIAN PRESS

Wait-and-see approach

- Alberta Environment said Tuesday that it's not reviewing its controlled-animal legislation in the wake of what happened in New Brunswick. But if Ottawa changes its regulations, they would be enforced in the province, a spokesperson said.

Bird sanctuary aims to take flight again after the flood

Guided tours launched. Reopening hardest-hit areas could take months longer

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Nature lovers are being offered a first look behind the scenes of a treasured and secluded southeast Calgary haven altered heavily by June's roaring floodwaters.

Much of the Inglewood Bird Sanctuary, located at 2425-9th Ave. S.E., remains closed off and could take months to restore. But guided tours to survey the damage and discuss the powers of natural regeneration begin Tuesday at 1 p.m.

"A lot of people are anxious to get back in here," said Jennifer Makar, the sanctuary's education co-ordinator. "This is an important place for them."

Whole bridges, pathways and observations decks have been destroyed and a final bill for damages at the Sanctuary, visited by more than 195,000 people last year, is still being tallied.

As well, Chris Manderson, city natural area management lead, said it will require higher-level government permits to jumpstart repairs in certain areas, given that the province cares for fish habitats and the federal government is responsible for waterways.

"We're sort of playing a bit of wait-and-see in terms of how much natural regeneration happens without us getting in and disturbing what's happening naturally," Manderson said.

"If you start pulling garbage out of that bridge, for example, you could really affect fish," he added.

Certain trees in the area actually require flood events to thrive as well, something that will be detailed in the tours, Makar said.

They run at 1 p.m., 3 p.m., and 7 p.m., Tuesday, Wednesday and Thursday and at 9 a.m., 11 a.m., 1:30 p.m., and 4 p.m., on Saturday and Sunday. You can register at calgary.ca/parks.

The Inglewood Bird Sanctuary is open year-round, and hosts to as many as 250 different species of birds every year. The sanctuary's information centre is also currently open and birdwatchers are invited to a back patio to set up their spotting scopes and view some of the wildlife as well.

Treading lightly

"Bottom line, it's a very sensitive habitat. We want to proceed carefully as we start to reopen it."

Chris Manderson, natural area management lead

Jennifer Makar, education co-ordinator at the Inglewood Bird Sanctuary, is seen before a damaged pedestrian bridge and lookout point at the once-flooded site. JEREMY NOLAIS/METRO

'Little angel' from Cochrane killed in weekend Montana crash

The Shirlaw family is seen in this undated Facebook photo. Six-year-old Krissie Lynn, right, was killed Sunday in a highway collision in Montana. FACEBOOK

A six-year-old Cochrane girl is dead, and her mother and two brothers injured, after a crash on a Montana highway Sunday.

Krissie Lynn Shirlaw was travelling with her family back from Kalispell around 3 p.m. Sunday on northbound Highway 93 when witnesses reported a camper hitched to the back of their Ford Explorer began to fishtail.

The vehicle swerved into the southbound lane and struck another, according to Montana state Trooper Andy Horton.

"It was a head-on-style crash," he said, adding, "The Explorer came to a stop on its top, blocking the northbound lane of traffic. We had total blockage of the highway."

Updated conditions on Shirlaw's family members were not available Monday afternoon, but family flocked online to express their pain and disbelief at the young girl's death.

"There are some things in this world I just don't understand, like why at such a young age people do have to be taken from us. I will always love you no matter what, RIP ... our little angel," wrote Chris Shirlaw.

It's believed all three children were properly restrained in the backseat, Horton said.

The driver of the pickup truck struck by the Explorer was taken to hospital in stable condition.

JEREMY NOLAIS/METRO

Tragedy

40

The Shirlaws were about 40 kilometres north of Whitefish, Mont., when the vehicle they were travelling in struck another head-on.

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Sinkholes spot city after the floods

Usually only 10 per year. About 200 sinkholes have already been repaired and more could pop up, warns officials

City crews have repaired roughly 200 sinkholes since June's historic flooding, including one Monday that shut two lanes of Macleod Trail for hours.

According to city roads spokesperson Sean Somers, the visible hole at Macleod and 10th Avenue S.E. was only about a metre wide, but a "void underneath" had to be repaired before traffic could continue in the area.

The lanes were closed for much of the rush hour, reopening shortly after 6 p.m. Initial estimates had suggested the lanes would remain closed for much of Tuesday's traffic rush as well.

"You don't really know how bad it is until you get down underneath," Somers said.

As surging river water ran over many major Calgary roads in June, the city's roads department said it expected to see many sinkholes crop up, adding it's difficult to predict where a hole will form.

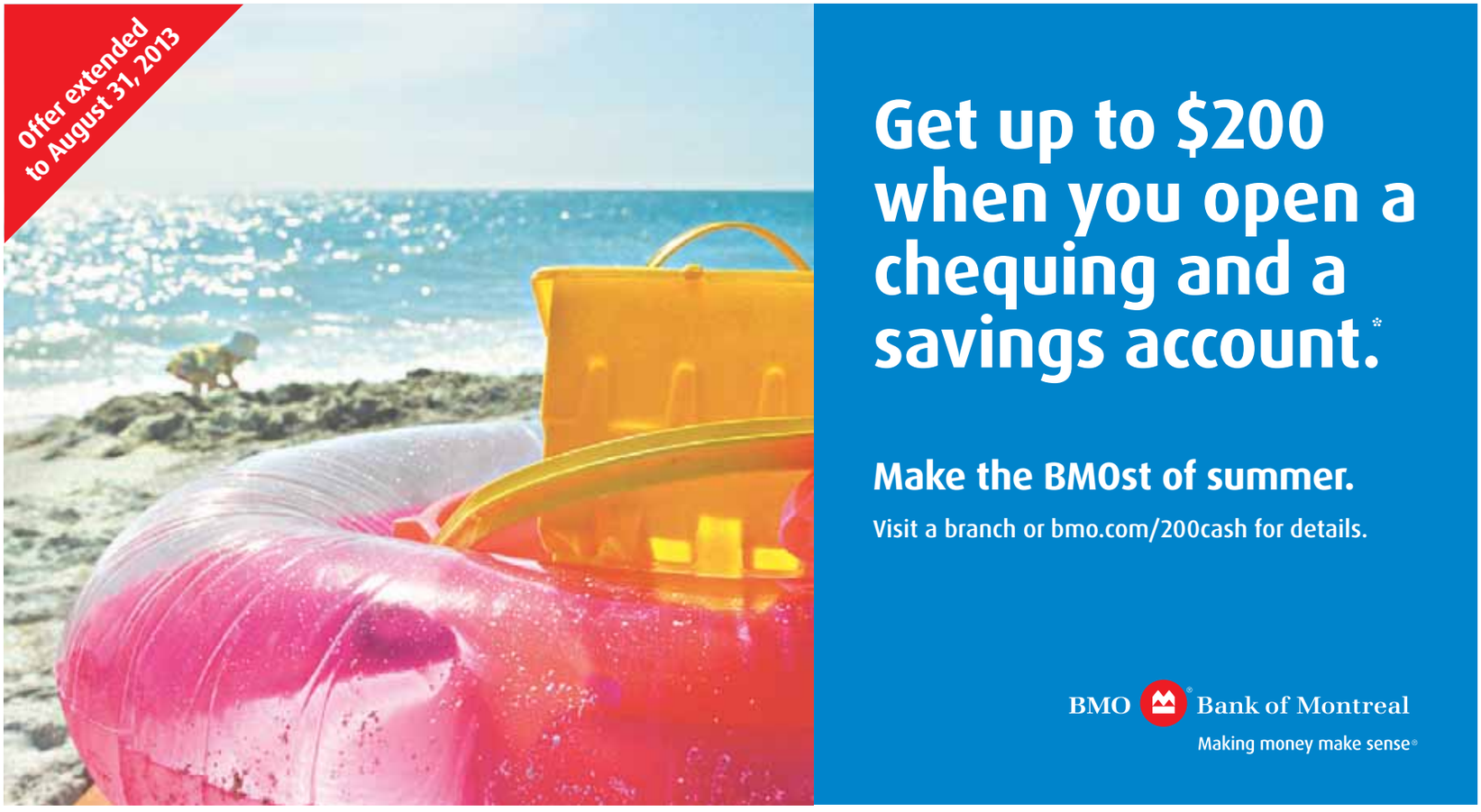
Somers said Monday's disruption was "absolutely" caused by the flooding.

Typically, the city only repairs 10 sinkholes in any given year.

It's quite possible more sinkholes will form over the next few months, the city has said.

Last week officials said total damage to Calgary roads during the flood was $25 million, including a particularly pricey cleanup of a car-battery dumping ground. JEREMY NOLAIS/METRO

A city worker is seen repairing a sinkhole at the intersection of Macleod Trail and 10th Avenue S.E. on Monday. ROBSON FLETCHER/METRO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Gov't to fund drugs for girl, 3

A St. Albert father is breathing a little easier after the province announced it would fund life-saving treatment for his three-year-old daughter.

"It felt like I was able to come up for a breath of air," said Dane Sadownyk, who found out Monday the province will cover expensive treatment for his daughter Aleena.

Aleena has been diagnosed with MPS VI, an enzyme deficiency disease that occurs in one out of approximately 250,000 to 600,000 newborn babies.

The family applied last month to have the government cover the cost of Naglazyme, which costs approximately $300,000 a year to provide.

Dane said not knowing whether the treatment would be covered has been a source of constant anxiety.

"It is difficult. You are on pins and needles and there are certainly many sleepless nights," he said.

The disease allows waste to build up in Aleena's system and left untreated, can cause life-threatening complications including heart problems, breathing difficulties and skeletal deformations.

Alberta Health spokesperson John Muir said the province put the treatment through a standard process for unapproved drugs.

"This is a drug that does not have general market approval from Health Canada so we need to take these additional steps," said spokesperson John Muir.
RYAN TUMILTY/METRO

Vote on Oct. 21

New election-day app now available

With civic election day Oct. 21, the city is hoping more Calgarians get connected to the campaign trail.

The 2013 Election Day mobile app is now available for free on iPhone and Android devices, and soon to be available on Blackberry 10, the city said Monday.
METRO

Taxis. Officials advising 60 more cabs be added

City of Calgary officials are advising 60 more taxis be added to city streets and that all be required to be in service during peak-service hours over the weekend.

But Kurt Enders, owner of Checker Yellow Cabs and director of the Calgary Livery Association, is also bringing forward a proposal to instead boost the citywide number of vehicles by 100 to 1,566.

Both recommendations will be weighed by the city's Taxi Limousine Advisory Committee (TLAC) on Friday.

Metro was initially led to believe last week by TLAC's chair that the city's recommendation, which relies on a civic census formula developed by Hara Associates, would be 100 plates.

TLAC will make a final plate recommendation to city council and it will likely be debated next month.
JEREMY NOLAIS/METRO

Employees install barricades around the collapsed building at Summer Bay Resort on Monday in Clermont, Fla. GERARDO MORA/GETTY IMAGES

Villa snaps, cracks, pops into hole

'Sounded like popcorn.' Guard rushes to wake guests as villa in Florida starts falling apart

As windows broke and the ground shook, vacationers who were awakened in their rooms at a villa near Orlando, Fla., soon realized that the building was starting to collapse — parts of it swallowed by a 100-foot sinkhole.

By early Monday, nearly a third of the structure at Summer Bay Resort had collapsed. All 105 guests were evacuated, as were those in the neighbouring buildings. No injuries were reported.

Inspectors remained on the scene Monday to determine whether the two buildings nearby would be safe to enter.

The first sign of trouble came about 10:30 p.m. Sunday. Security guard Richard Shanley had just started his shift.

A guest flagged him down to report that a window had blown out. The resort's staff decided to evacuate the villa.

Shanley said the building seemed to sink by 10 to 20 inches as he ran up and down three floors trying to wake up guests. One couple with a baby on the third floor couldn't get their door open and had to break a window to get out, he said.

"You could hear the pops and the metal, the concrete and the glass breaking," witness Amy Jedele said.

THE ASSOCIATED PRESS

Torn asunder

"The building was just snapping."

Maggie Moreno, a visitor to the villa

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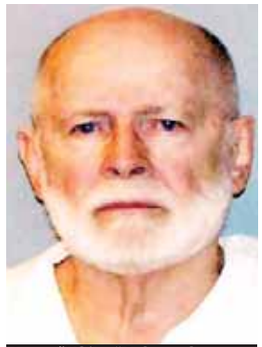
Boston. Notorious mob boss turned informant convicted of 11 killings

James "Whitey" Bulger, the feared Boston mob boss who became one of the most-wanted fugitives in the U.S., was convicted Monday in a string of 11 killings and other gangland crimes, many of them committed while he was said to be an FBI informant.

Bulger, 83, was charged primarily with racketeering, which listed 33 criminal acts, among them 19 murders that he allegedly helped orchestrate or carried out himself during the 1970s and '80s while he led the Winter Hill Gang.

Bulger could get life in prison at sentencing Nov. 13. But given his age, even a modest term could amount to a life sentence.

One woman in the gallery taunted Bulger as he was being led away, apparently imitating machine-gun fire as she yelled: "Rat-a-tat-tat, Whitey!"



James "Whitey" Bulger, who was on the run for 16 years. U.S. MARSHALS SERVICE/THE ASSOCIATED PRESS FILE

Bulger skipped town in 1994 after being tipped off — by a retired FBI agent, it turned out — that he would be indicted.

THE ASSOCIATED PRESS

Nova Scotia. Health-care mix-ups lead to needless mastectomy and biopsy

Capital Health is assuring people changes are coming after two separate mix-ups led to an unnecessary mastectomy and an unnecessary biopsy.

Chris Power, CEO of Capital Health, said in an interview they are informing the public because they want to be open.

"It's really important for us for the public to have trust and faith in our system, and we don't ever want them to think we're hiding things," Power said Monday.

In the first case, two patients had their reports switched, so one tissue analysis went in the wrong file. This resulted in a woman having a mastectomy.

"She would have thought that she had cancer," he said.

Power said the mistake was found when their quality-assurance program picked up the woman's report didn't match her original biopsy.

In the second case, two tissue samples were labelled incorrectly before analysis, resulting in one person having an unnecessary biopsy and the other not receiving correct treatment right away.

Power said Capital Health is already in the process of implementing a barcode system for lab specimens, and a robotic lab that will limit human error.

HALEY RYAN/METRO IN HALIFAX

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Wallin says she will repay her 'mistakes'

Travel expenses. Yet a Deloitte report says she might have tried to alter her claims after the fact, according to a source

Pamela Wallin says she will reimburse taxpayers for all disputed travel expenses but denied wrongdoing as she claimed all those flights and taxi rides were just part of her job as a busy senator.

"I never intended to seek nor sought reimbursement for travel expenses in any situation where I did not believe such a claim was proper. Where I made mistakes, I have, as you know, already paid money back," Wallin told reporters Monday.

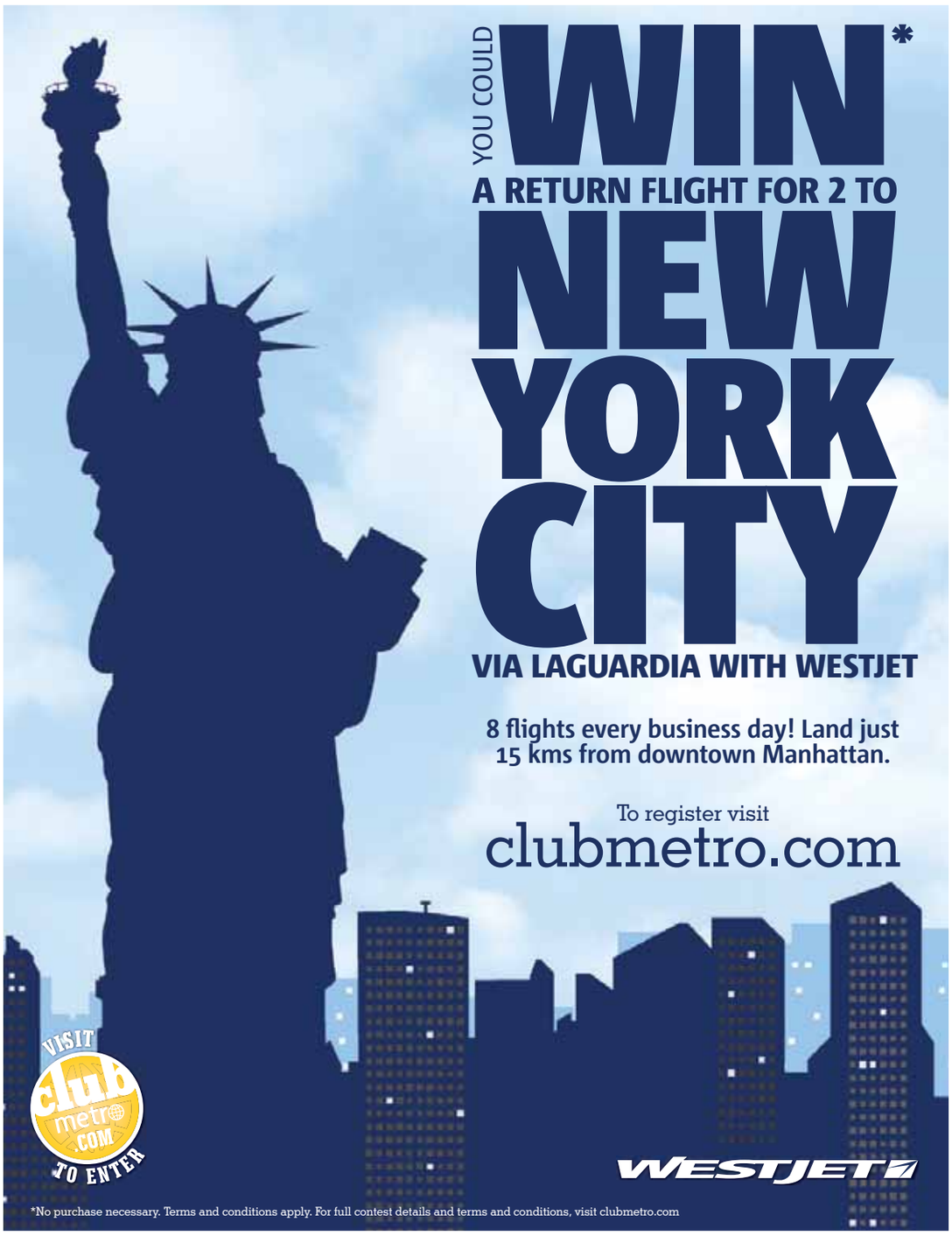
The statement came before Wallin headed into a meeting of the Senate committee on internal economy, budgets and administration, where her colleagues discussed a review of her travel expenses by the forensic accounting firm Deloitte.

"It is my view that this report is the result of a fundamentally flawed and unfair process," said Wallin, who received the Deloitte report Monday. TORSTAR NEWS SERVICE

Accusation

Sources said Monday the report will detail travel costs that Wallin expensed to taxpayers while she was on business unrelated to her Senate duties, including activities related to the boards of directors she used to sit on.

Sen. Pamela Wallin appears at a Senate committee hearing on Monday on Parliament Hill. PATRICK DOYLE/THE CANADIAN PRESS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Future of travel? Billionaire pitches ultra-fast Hyperloop

Imagine strapping into a car-sized capsule and hurtling through a tube at more than 1,126 kph — not for the thrill of it, but to get where you need to go.

On Monday, billionaire entrepreneur Elon Musk unveiled a transportation concept that he said could whisk passengers the nearly 643 km between Los Angeles and San Francisco in 30 minutes, half the time it takes an airplane.

If it's ever built.

His "Hyperloop" system for travel between major cities is akin to the pneumatic tubes that transport capsules stuffed with paperwork in older buildings.

In this case, the cargo would be people, reclining for a ride that would start with a force of acceleration like an airplane but then be turbulence free.

Capsules would catapult through a large, nearly air-free tube. Inside, they would be pulled down the line by magnetic attraction. Each capsule would float on a cushion of air it creates.

Capsules could depart every 30 seconds, carrying 28 people, with a projected cost of about $20 each way, according to Musk's plan, which was posted online at spacex.com.

He put the price tag at around $6 billion US.

In a written statement, California High-Speed Rail Authority chairman Dan Richard suggested that Musk was oversimplifying the challenges.

"If and when Mr. Musk pursues his Hyperloop technology, we'll be happy to share our experience about what it really takes to build a project in California, across seismic zones, minimizing impacts on farms, businesses and communities," Richard said. THE ASSOCIATED PRESS

A conceptual design rendering of the Hyperloop passenger transport capsule. COURTESY TESLA MOTORS/ THE ASSOCIATED PRESS

I dub thee Martin

There's only one Messiah, decrees Tennessee judge

A judge in Tennessee changed a seven-month-old boy's name to Martin from Messiah, saying the religious name was earned by one person and "that one person is Jesus Christ."

Child Support Magistrate Lu Ann Ballew ordered the name change last week, according to WBIR-TV. The boy's parents were in court because they could not agree on the child's last name, but when the judge heard the boy's first name, she ordered it changed, too.

"It could put him at odds with a lot of people and at this point, he has had no choice in what his name is," Ballew said.

Messiah was No. 4 among the fastest-rising baby names in 2012, according to the U.S. Social Security Administration.

Ballew said the boy was to be named Martin DeShawn McCullough, which includes both parents' last name.

The baby's mother, Jaleesa Martin, said she will appeal. THE ASSOCIATED PRESS

Martin DeShawn McCullough, the child formerly known as Messiah. HEIDI WIGDAHL/THE ASSOCIATED PRESS

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London ‘smart bins’ trashed for sweeping up smartphone data

The bin who spied on me. The innocuous-looking receptacles are under investigation for phone hacking after reaching more than 4 million devices this year

KIERON MONKS
Metro World News in London

Graphic of a Renew bin extracting the MAC addresses from passing smartphones. The company that has been collecting the information is now being investigated for secretly gathering personal data. CONTRIBUTED

They look like normal recycling bins, with a display screen showing news updates and adverts. But new “smart bins” in London have been secretly harvesting personal data and are now under investigation, in possible violation of European Union law.

The model from technology company Renew has been collecting the unique electronic signatures (MAC addresses) from passing smartphones, reaching more than four million devices in trials this year. The company claims the data reveals the user’s route, frequency of visit, and time at a location, which it would provide for advertisers to personally target consumers.

On Monday, the City of London ordered the company to stop the practice and referred it to the data protection body Information Commissioner’s Office (ICO) for investigation. “Anything that happens like this on the streets needs to be done carefully, with the backing of an informed public,” it said in a statement.

Renew director Kaveh Memari downplayed the investigation, telling Metro the data gathered is “always anonymous.” Memari said the practice was “just a trial at this stage to see if the technology worked to merit a longer term discussion.”

But he may be in conflict with the EU “Cookie Law” that states permission is required to gather personal data, or cookies (tiny individual databases websites used to identity past users). “The majority of opinion is that MAC address and location is personal data and requires consent,” Richard Beaumont, expert on data protection law at The Cookie Collective, told Metro. “Four readings is enough personal information not to be anonymous.”

Beaumont added that it is not a surprise the authorities were unaware as regulation is outdated.

You know you want it?

A spokesman of the U.K. Advertising Association said this type of data gathering went too far, but added most people want tailored advertising. The source noted a 2012 Accenture survey showed just 36 per cent of people objected to being tracked.

Coming to a street corner near you. The Renew bins will have further trials in North America and Asia. CONTRIBUTED

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Waterloo. BlackBerry weighs sale options as review begins

Hopes of BlackBerry returning to its glory days have all but disappeared as the smartphone company delivered the most damning proof on Monday that its new phones are a sales flop, as it moves forward with a plan that could result in the sale of its operations.

The board of directors at the Waterloo-based company launched a review of "strategic alternatives" which it says could also potentially take BlackBerry in other directions, such as a partnership or joint venture.

Regardless of the outcome, the decision throws the company's future into uncertainty. BlackBerry could be scooped up by an interested buyer or even go private — an idea that has gained favour since last week when reports suggested the board has recently opened up to that option, even though it wasn't specifically mentioned in the announcement.

A BlackBerry Q10
THE CANADIAN PRESS FILE

In some ways, the company has been here before, but the stakes are different this time around. BlackBerry launched a softer review of its "strategic business model alternatives" in May 2012, which some analysts had expected would turn into a sale of certain assets. That never materialized and BlackBerry went on to launch its new line of phones in late January.

Since then, the new high-end Blackberry 10 devices have struggled to gain favour in the highly competitive smartphone market dominated by Apple's iPhone and the Android devices.

In the U.S., the phones were considered a dud almost as quickly as they hit shelves. THE CANADIAN PRESS

Montreal

Dollarama exec will head up 99-cents Only

Dollarama is losing one of its top executives, who is moving to California to become president and CEO of another discount retailer called 99-cents Only Stores. Chief operating officer Stephane Gonthier will remain with the Montreal-based company for a time to ensure a smooth transition.
THE CANADIAN PRESS

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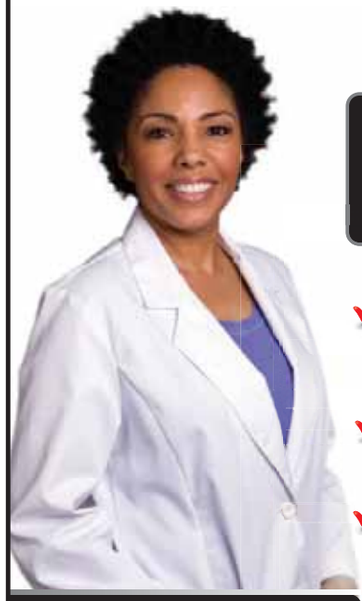

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DECOR DISPUTE HITS HOME

SHE SAYS

Jessica Napier
metronews.ca

After five years, two condos, one basement apartment and a whole lot of rent cheques, my boyfriend and I finally managed to buy a house together. Technically it's more of a townhouse, which means we have a mortgage AND we're obligated to pay hundreds of dollars a month in maintenance fees, but, hey, it's something.

The week after our closing date I spent about 18 hours admiring inspirational interiors on various home decor blogs (which are basically porn for new homeowners). I found myself drooling over designer kitchens and impossibly minimalistic living rooms that I could never re-create. I lay awake at night lusting after expensive flush-mount lighting and fantasizing about what sort of table runners I could buy for various themed dinner parties.

At first my boyfriend didn't share my newfound obsession with interior design. His eyes glazed over as I tried to explain the nuanced differences between eight different shades of white and he took a "whatever you think is best" approach to everything home-related.

But I persisted. I coerced him into weekend trips to Home Depot by explaining that we're no longer lazy tenants and he should take an interest in making our new home our own.

Eventually, my "nest and invest" campaign paid off and I got him to start caring about furniture placement and light fixtures. So you can imagine my disappointment when I realized that he actually didn't agree with 100 per cent of the decorating decisions that I had already executed in my mind (and on my many decor-themed Pinterest boards).

Suddenly he has all these ideas about bar-stool upholstery and pendants versus pot lights. The white paint colour for the living room is now "too" white and perhaps we should be favouring bronze over brushed nickel in our fixtures. I seem to have created a chandelier-loving monster and it's too late to try and put a lid on his opinions.

We're certainly not the first couple to feud over home furnishings. If you've ever been to Ikea on a Saturday morning you've witnessed plenty of domestic disputes between couples who just can't seem to agree on what space-saving wardrobe solution would best suit their bedroom. Aspelund! Pax! Morvik!

Homes are a collaborative endeavour and couples are bound to come into conflict at some point, whether it's over personal taste or how much money to spend. It's important to remember that cohabitation means compromise. You're not designing a show home; you're creating a livable space to share together.

I'm not sure that my industrial-chic esthetic can ever really jive harmoniously with his rustic-cottage-meets-Palace of Versailles vision for our home. But if we're going to bicker over bookcases, at least now we have a place of our own to do it in.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Shelling out for new digs

COURTESY AI KOWADA GALLERY

3D printed shells for hermit crabs

An artist in Tokyo has created hermit crab shells adorned with miniature cityscapes. Aki Inomata used a CT scanner to map the interior of sea shells before manufacturing the designs using 3D-modelling software. Among the shapes are New York City's skyline, and a Thai pagoda. **METRO**

Q and A

'Changing identity'

AKI INOMATA
Artist, 29, from Tokyo

What inspired you to do this project?
In 2009, I heard about a dispute between France and Japan after an old embassy building in Tokyo was demolished. The two nations debated whose land was it: French or Japanese? Then they agreed to swap control of the land every 50 years.

That made me think about changing identity, and how hermit crabs change their shells as they grow. I wanted to connect the crabs' transformation to our own adaptability, whether it's acquiring a new nationality, emigrating or relocating.

Flood. Restoring photos worth more than 1,000 words

News worth sharing

A picture may be worth a thousand words, but to Jennifer Sutton, it means so much more.

Unable to make a large contribution financially or physically to help with flood recovery efforts in Alberta, the Calgary-based photo editor set out to help in the best way she could. Through her project, Alberta Flood Photo Restoration, Sutton has restored more than 300 photos damaged by floodwaters in peoples' homes — mainly older, pre-digital era photos that document irreplaceable family memories.

Sutton advertises her project online, where she also gives instructions on how to best dry damaged photos, which can then be scanned and sent to her.

With contributions of time and expertise from other editors across Canada, the photos are digitally restored as close as possible to their original state.

Sutton hopes that her project will impact the lives of those affected by the floods — even if only in a small way.

"This is something I have the skills for, something I can do, and I am truly happy to do it," says Sutton. "I hope I can help give a little something back to those who have lost so much." For more information, visit albertafloodphotorestoration.blogspot.ca.

CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of the international charity and educational partner Free The Children.

Letters

RE: Questions Mount About New Brunswick Python, published Aug. 9

This is really sad on many fronts. This animal should not have been in Canada to begin with. The man who owned it should be charged and/or put in jail.

The poor animal was killed for nothing. It should have been shipped back to Africa and put back in the wild where it belongs. The whole system is responsible for this tragedy.

Two children were killed because of weak or no laws. This beautiful animal was killed for the same reason, and what will be done about this?

Well, try nothing as usual. Until the government stops allowing this type of thing to happen, until police enforce the laws, until animals are left where they belong, in the wild, this problem will continue to happen all around the world. When you don't enforce your own laws, what do you think is going to happen? Sad indeed because it could have been prevented if people in power had used common sense.

Anthony Silvestro, Ottawa

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Good advice helps couple reduce newcomer uncertainty

When Ayan Kar and his wife Sharmistha first dreamt of moving to Canada five years ago, they knew that careful planning, and a spirit of adventure, would help them succeed. But practical advice from Scotiabank before they left India smoothed the ups and downs of their settlement experience.

"We did research and studied French while waiting for our papers," says Ayan, a software engineer who became familiar with Montreal during a past contract in the city. His wife Sharmistha, a physician, adds that, "I obtained my MBA during the wait, since I thought it could be my 'Plan B' if Canadian medical licensing took too long."

Despite their meticulous homework, the couple says they gained invaluable advice just three months before flying to Canada at a 'Know Before You Go' seminar hosted by Scotiabank. "Honestly, it's thanks to that session that we were ready," says Sharmistha, recalling how the presenters spoke honestly about the professional challenges immigrants can face in Canada.

The couple signed up for the ***Scotiabank StartRight***® Program[1] at the Scotiabank branch in Bengaluru, to apply for a bank account and credit card before leaving India. "They patiently answered our questions about the process and we realized the importance of free banking for one year, since you take transactions for granted at home," says Sharmistha. "They earned our total trust to give them our money, and that they would release it to us at the branch in Canada."

Ayan adds that their finances were handled smoothly on arrival in Calgary by Sonia Matharu, a senior personal banking officer at the Castleridge Centre branch: "We got more than we expected with the ***Scotiabank StartRight*** Program, since our credit card was ready and Sonia gave us tips on housing."

The ***Scotiabank StartRight*** Program includes a free day-to-day bank account for one year[2], a wide range of credit card options[3] and a number of other customized services and benefits.

The couple laughs about other surprises that greeted them. For example, they hoped to live near a brother in Alberta, but he moved to British Columba the day they landed. Also, the couple took odd jobs as a café barista and gas bar attendant to conserve funds until Ayan found a telecomm sector job. "It was actually very nice, since it gave us exposure to normal Canadians and I learned a lot about coffee," chuckles Sharmistha, noting that the Scotiabank seminar prepared them for the possibility of temporary jobs.

Now enjoying life in Montreal, including the Fête des Neiges winter festival, Ayan and Sharmistha are pondering a car purchase and home ownership: "Thanks to Scotiabank we had fewer worries on arrival, and the right expectations, even about the snow."

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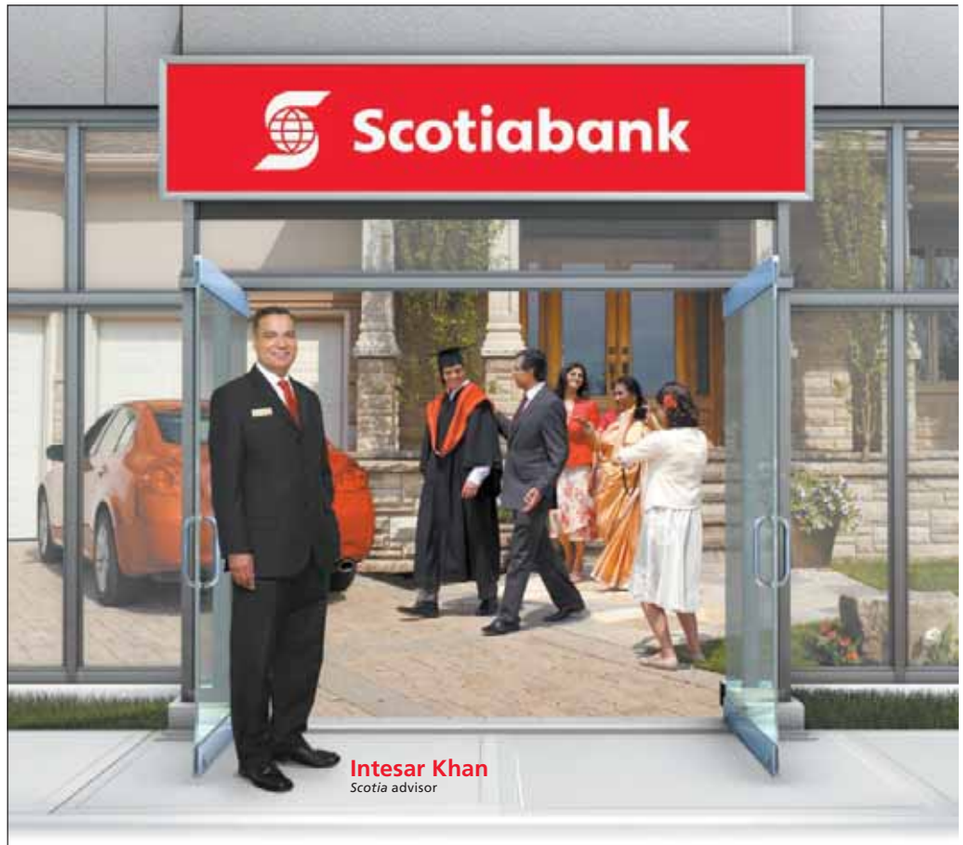
Careful planning and advice from Scotiabank helped newcomers Ayan and Sharmistha Kar adapt to the surprises that awaited them in Canada.



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Disney's wonderful world

D23 attendees check out some of Disney's new animation in Anaheim, Calif. last week. DISNEY/CONTRIBUTED

D23. Metro's Richard Crouse checks out what Disney has on tap at their Anaheim convention

RICHARD CROUSE
scene@metronews.ca

It snowed in Anaheim, Calif., Friday afternoon but it wasn't a freak storm, just a blast of Disney magic at D23, the Mouse House's equivalent of Comic Con.

As Broadway star Indina Menzel sang Let it Go from the upcoming animated film Frozen, artificial flakes fluttered down from the rafters, gently covering the 5,000 faithful fans who gathered for the first of two star-studded early-look previews.

The convention featured more than 200 presentations, panels and concerts, but these sneak peek events, which focussed on Disney's reverence for their past and their commitment to the future, were among the most highly anticipated.

At Friday's event, Disney chairman and chief executive Bob Eiger and chief creative officer John Lasseter were greeted with the kind of audience response usually reserved for rock stars and royal babies.

They unveiled the new short film Get a Horse, which mixes 85-year-old Walt Disney Mickey Mouse sketches and state-of-the art 3D computer animation. It also features a vocal performance from Walt himself, pieced together from old tapes. "Someone has to update his IMDB page," joked director Lauren MacMullan.

Advance looks at The Good Dinosaur, which imagines a world if dinosaurs had survived, Inside Out, a movie Lasseter described as "one of the most unique films I have ever been associated with," and Finding Dory, the sequel to one of Pixar's most loved films, were met with cheers.

Saturday's presentation unveiled teases from Disney's live action slate. Paying tribute to Disney's past, Kenneth Branagh will direct a live action Cinderella, and another film revisits one of Disney's great villains. Maleficent stars Angelina Jolie as the Sleeping Beauty villain, a role she's coveted since youth. "Since I was a little girl Maleficent was always my favourite," she told the crowd. "I wanted to know more about her."

Tomorrowland, a sci-fi film starring George Clooney, was inspired by a box found in the Disney archives. Labelled simply 1952, the "dusty old box" contained a mysterious mishmash of items, including a copy of Amazing Stories magazine and a short animated documentary that inspired Lost screenwriter Damon Lindelof to pen the speculative story.

The most obvious tribute to Disney's legacy is Saving Mr. Banks, which brings the late visionary to life on the big screen. Tom Hanks stars as Walt attempting to buy the rights to Mary Poppins from writer P.L. Travers, played by Emma Thompson. Shot on location at the Burbank Studios where Walt worked, the film is timed to coincide with the 50th anniversary of Mary Poppins.

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Lea Michele ALL IMAGES GETTY

To Cory, with love: Michele dedicates award to Monteith

Lea Michele accepted the Teen Choice Award naming Glee Best TV Comedy by dedicating it to her late boyfriend and co-star, Cory Monteith. "I wanted to dedicate this award to Cory. For all of you out there who loved and admired Cory as much as I did, I promise that with your love we're going to get through this together," she said from the stage, flanked by her Glee co-stars. "He was very special to me and also to the world. We were very lucky to witness his incredible talent, his handsome smile and his beautiful, beautiful heart."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Did Ben Affleck really visit Lohan in rehab?

THE WORD
Dorothy Robinson
scene@metronews.ca

Lindsay Lohan had a steady stream of visitors while in rehab, including Ben Affleck, who was reportedly considering her for a role in his upcoming film, Live by Night, a source tells Radar Online.

"Lindsay was excited about the opportunity, telling me that she was going to have dark hair in the movie and would have an Irish accent," the source says. "She tried to tell me he was being flirty with her, but that's just Lindsay's way of embellishing because she constantly needs attention."

Apparently the meeting didn't go so well, as a source close to the production insists that Lohan "isn't being considered and won't be in the movie."

I highly doubt that Ben Affleck, who is so beyond A-list that he is practically his own Commandment, visited rehab to interview Lindsay Lohan. But it is nice to think so, isn't it?

Mama Bynes gets busy overseeing Amanda's well-being

Amanda Bynes' mother, Lynn Bynes, has been awarded a temporary conservatorship over her troubled daughter, and she's not wasting any time making decisions.

Her first act? Moving Bynes from her current psychiatric ward, according to Radar Online. "Lynn wants Amanda in a more private facility," a source says. "It could happen as soon as this week. She will get better care at a private facility." The temporary conservatorship, granted late last week, gives Lynn control over decisions about Amanda's health and finances and will be in effect until Sept. 30.

Twitter

@ElizabethHurley
Memory Lane today..... in a black leather catsuit for a new campaign. It's been some time since I've shoehorned myself into one. My son on set- and ecstatic.

@NicholasHoult
I went to a Roller Derby match in Montreal over the weekend, if you get the chance to go then do. Crazy sport and fun people.

@tyrabanks
Forget I was trying to be veggie and ordered some darn meatballs. Shoot!!!

@TheRealRoseanne
That's it! I'm going back to comedy!

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Sun. Drinks. Beach. Buzz. Heaven. The perfect weekend day. Headache. Dry-mouth. Pass out. Vomiting on the car ride home. The usual weekend evening.

"The only thing is that people are likely to become dehydrated because alcohol is a diuretic, pulling fluid out of the kidneys with it as it passes through the body," said Ian Gilmore, Professor of Hepatology at the University of Liverpool. "Hence ... why you're often very dehydrated the morning after the night before."

To help you stay on track, we asked Orlando Marzo, London mixologist to share his top hydrating cocktails.

Swizzle

A Caribbean classic. This rum-based drink is made with lime Falernum, angostura bitter, lime juice and sugar syrup. Serve tall with crushed ice. Sensationally refreshing.

Sosho Cooler

Finlandia mango vodka and crisp Sauvignon blanc, shaken with muddled red grapes, fresh lemon and apple juices.

New Orleans Cobbler

Rye, orange, pineapple, lemon, bitters and pastis. A punchy cocktail with a fruity twist.

Grape fruit Julep

Finlandia grapefruit shaken with fresh pink grapefruit and lime juices, honey, grenadine and mint.

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Keep backyard dishes simple with two-step corn salad

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

While we're still grilling, you can't beat barbecued corn on the cob. This salad is great on its own or serve with either grilled beef, chicken or tiger shrimp.

Ingredients

- 3 fresh cobs of corn – husks removed
- 1 small red pepper sliced in half – seeds removed
- 1/2 cup diced red onion
- 1/2 cup chopped fresh basil
- 2 tbsp olive oil
- 1 tbsp apple cider vinegar
- 1 1/2 tsp finely chopped jalapeño pepper
- 1 tsp finely chopped garlic
- pinch of salt and pepper

Barbecued Corn and Roasted Red Pepper Salad

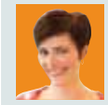
This salad serves four. ROSE REISMAN

1. Preheat your barbecue to medium-high heat. Grill the corncobs and bell pepper halves on a medium heat for about 12 to 15 minutes, or until the corn and peppers begins to brown. Using a sharp knife, slice the niblets off of the cobs and place in a bowl. Peel the peppers, dice and add to bowl.

2. Add the red onion, basil, oil, cider vinegar, jalapeno, garlic, and salt and pepper to the corn mixture and stir to combine.

Health Solutions

The science of aging



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

The health science community is abuzz with a thing called telomeres (pronounced tea-low-mere-z) that are in every cell in your body and the health of which are an indication of the aging process.

The discovery of telomeres won the Nobel Prize in 2009 and they can now be tested so your cells actually tell the story of your biological age. There are foods and activities that factor into telomere protection:

Consume High nutrient, low calorie foods like:

- Blueberries
- Kale
- Fresh herbs
- Whole grains like quinoa and millet
- Beans and pulses
- Nuts and seeds
- Avoid processed sugar and flour
- Manage stress and sleep

Experts say that one of the most important things you can do to prevent the aging process of telomeres is to avoid "R and R"— red and rumination.

Learn how to relax and take things in stride instead of seeing red and stop ruminating on stressful events that have already passed; let them go.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

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REQUIREMENTS OF THE POSITION:

- Skilled in print, online and mobile graphic design, comprehensive and complete software knowledge including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Photoshop, and Illustrator
- Proficient on both Mac and PC platforms
- Ability to prep files for print production, including file stuffing (.sitx, .sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment with strong attention to detail (typography, copy, grammar, layout, images, colour, etc)
- Must be a quick problem-solver, who initiates projects and takes a pro-active approach.
- Must be highly skilled at multi-tasking, prioritizing workload efficiently, and tracking ad material.
- Post secondary degree or diploma in Graphic Design (Print)
- 3+ years design experience within a media environment

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than July 5, 2013. PLEASE QUOTE: "Graphic Designer - Calgary in the subject line. All submissions will be treated as confidential.

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Are you really my friend?

Tanja Hollander CONTRIBUTED

Photographer. Tanja Hollander travels the world to meet all of her Facebook friends

ERIKA PADRÓN AND CYNTHIA VALDEZ
Metro World News

Tanja Hollander, a photographer in the U.S., has amassed nearly 700 Facebook friends, but she's never met many of them in person.

And so, she went on a huge journey in the hope of turning her online relationships into something more real. Metro Mexico interviewed the 41-year-old Maine native to find out more about her photo project titled Are You Really My Friend?

What is it like to travel and visit more than 700 friends?
It's been really interesting in every way. I'm about halfway through so there's still 300 more to go. I'm still surprised about how many homes I've been to and how generous people are, especially the people that don't have a lot. They're willing to share what they do have, whether it's food, wine or introducing me to their friends and family, or just making some extra space at home for me to sleep.

Do you tell them you are going to visit, or surprise them?
Yes, I email everybody first.

So, how did you come up with the idea of visit all your Facebook friends?
On New Year's Eve in 2010, I was writing a letter to a friend in Afghanistan and at the same time instant-messaging with a friend who is working in Jakarta. I started thinking about those two friendships and the different way of communicating because they were in opposite places in the world. They're from different parts of my life. Both friendships and ways of communicating are important to me. So I started to think about how we talk with so much technology and how much of our lives is so "photographable".

We know your friends let you stay at their homes but how much money have you spent so far?
A lot! I don't know, that's a good question. It's been a lot. I started this project with a low budget, I could make another project on how to travel with not a lot of money.

Where did you start and which cities have you visited so far?
I started travelling in April 2011 and I've been to a hundred U.S. cities and towns across 43 states. There's nine overseas destinations left to go in Europe, Asia and New Zealand.

What's been the hardest part of this journey?
Scheduling is really difficult, to make sure I'm in the city my friends are from. Maybe they are not home or not available. Sometimes it's hard to keep up with everything, It's also incredibly difficult travelling alone and trying to remember everything.

When do you think you're going to finish this journey?
Hopefully within a year or two. It really depends on how much money I can raise because I have to stop and raise money, which takes time.

Since you started your project, has your Facebook list of friends changed?
Yes, the numbers are going crazy. But I don't accept requests from people I don't know. Some of them deleted me but I don't know why.

Do you have a better definition of a digital friendship?
I think there are different kinds of friendship: there are some friends you call in the middle of the night and the kind of friends you go to the movies with, but there's also the friends you have only by emails or texts. Having a multitude of different kinds of friendships is really enriching.

Too many money rules? Here's a few more

YOUR MONEY
Alison Griffiths
money@metronews.ca

How many money rules do you need? That's the question posed by Marie Engen in the Aug. 6 online issue of Boomer & Echo: Financial freedom at any age (boomerandecho.com).

Engen correctly notes that money rules are proliferating like weeds in today's list-obsessed media. For example, both Money Magazine and Forbes recently published 20 rules of money.

There's also plenty of books touting rules of money, the champion author being Canadian Gail Vaz-Oxlade with a staggering 261 rules.

For fun, I searched rules of money on the Internet and came up with a mere 830 million hits. (I confess that a few of those hits might be my own lists of rules.) Engen amusingly turns the discussion on its head by comparing the plethora of financial books on the topic to diet books.

She points out that there are basically only two ways to manage your weight.

1. Don't gobble up more calories than you expend.
2. Quit eating junk.

Similarly, Engen offers just two essential rules for managing money.

1. Spend less than you earn or live below your means. (Doesn't this sound like the first rule of eating?)
2. Save something for the future. Squirrels do this, so should people.

While I hate to add to the list mania, I'd include just one more.

3. Quit buying junk. By junk I mean superfluous possessions and poor quality stuff. This includes expensive and underperforming mutual funds.

I try very hard to follow this third rule, nonetheless I am chagrined when I do a mental review of purchases to realize that at least 10 per cent of what I buy, be it food, clothing or household items, either isn't worth any amount of money or, worse, isn't something I really need or even want.

The best part about adhering to these three simple rules is that they aren't difficult to follow.

Save for the future. Squirrels do it. Aren't you as smart as a squirrel?
ISTOCK IMAGES

In fact, they quickly become habitual like morning coffee or a dog walk before bed. Even better, once you make this trio a habit the rules are self-perpetuating. Living within your means leads to saving. Buying less junk also frees up cash for saving. And put together, these rules lead directly to a far more satisfying life. And isn't that the goal we all seek?

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca

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CFL

Cornish named top Canadian and offensive player

A career-best accomplishment earned Jon Cornish two CFL weekly awards Monday.

The veteran running back was named the league's offensive player and Canadian player of the week after leading the Calgary Stampeders past the previously unbeaten Saskatchewan Roughriders 42-27.

The native of New Westminster, B.C., rushed for 175 yards and scored a career-high four TDs in the game.

Toronto Argonauts defensive back Alonzo Lawrence was named the top defensive player. He recovered two fumbles, forced another and had two tackles in a 38-13 win over the Montreal Alouettes.

Teammate Chad Owens captured special-teams honours. The CFL's outstanding player last season returned a missed field goal 118 yards for a TD and finished the contest with 247 all-purpose yards. THE CANADIAN PRESS

Jon Cornish scored four TDs against the Roughriders on Friday. THE CANADIAN PRESS

Something is rotten in the city of Toronto

Blue Jays relief pitcher Casey Janssen reacts after giving up four runs in the ninth inning in a 5-1 loss to the Athletics in Toronto on Monday. Alberto Callaspo drove in two of those runs with a double and the A's won three of four in the series. STEVE RUSSELL/TORSTAR NEWS SERVICE

Ex-Stamp raring to go against old team

CFL. Myddelton expected to get first taste of action since trade to Lions

Steve Myddelton does not bleed Calgary Stampeders red anymore.

After four-plus seasons with the Stamps, it took only one trip across the Rocky Mountains for the offensive lineman to gain a whole new perspective on his CFL career.

"My outlook is very different from what it has been for the last five years — I'll tell you that much," said Myddelton after his first workout Monday with the B.C. Lions after the club returned to practice after a bye week.

The Lions acquired Myddelton, a 27-year-old Barrie, Ont., native who is in the fifth year of a CFL career spent entirely with the Stampeders, for a conditional 2014 draft choice. Myddelton's first game with his new team will could come at home Saturday, against his old team.

B.C. traded for the guard last week in a bid to acquire depth after promising rookie Kirby Fabien was lost for the season with a knee injury that required reconstructive surgery. Myddelton is expected to draw into the lineup right away, although coach Mike Benevides was not offering confirmation.

"I'm really excited to be here," said Myddelton. "I can't wait to play against Calgary. They're playing really good football right now. The Lions are obviously one of the premier teams in the league year in and year out. It's always an exciting matchup, and I'm excited to be on the other side of the ball for it."

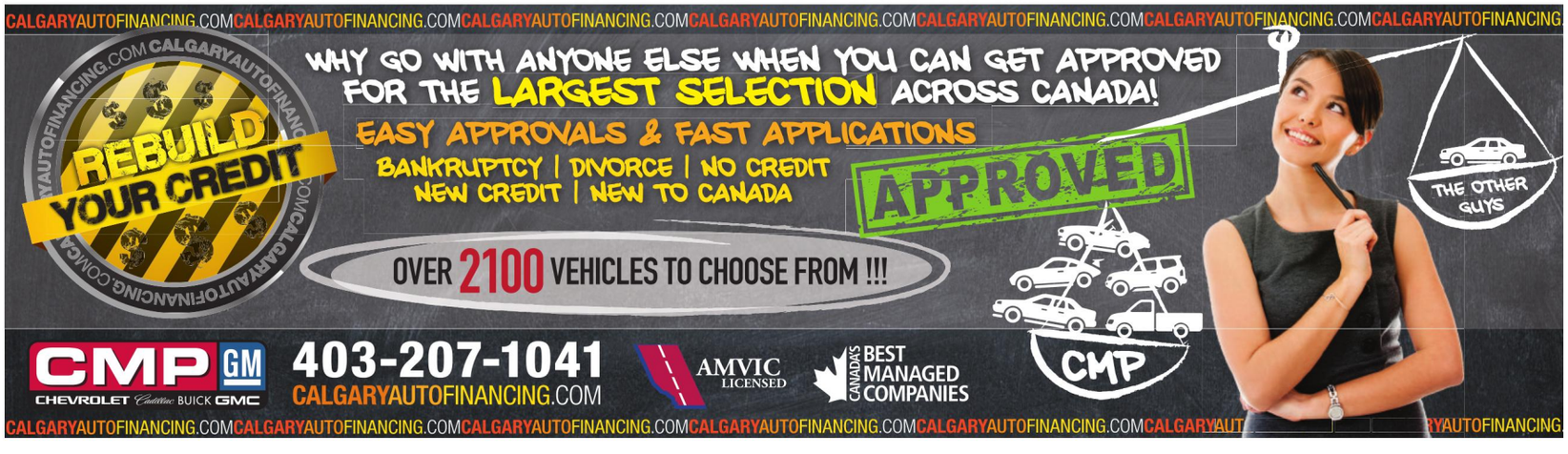
THE CANADIAN PRESS

Quoted

"They're a classy organization. He's a classy guy."

Lions guard Steve Myddelton says he holds no ill feelings against the Stampeders or general manager John Hufnagel, who decided to move him to a division rival

4 SPORTS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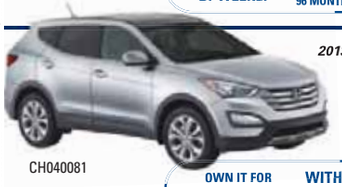
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Young hockey player collapses, dies at N.B. tryout

Jordan Boyd. 'He had quite a potential career and life in front of him': Former team president

A 16-year-old prospect for the Acadie-Bathurst Titan junior hockey team died Monday after he collapsed during tryouts with the club.

Photi Sotiropoulos of the Quebec Major Junior Hockey League said Jordan Boyd felt some discomfort during a wind sprint at a rink in Bathurst, N.B.

A first responder attempted unsuccessfully to revive Boyd before he was taken by ambulance to the local hospital, where medical staff determined he had died, Sotiropoulos said.

An autopsy has been ordered to determine the cause of death.

The Titan's Jordan Boyd is shown in a 2013 training camp portrait.
DANIEL DOUCET/QMJHL/THE CANADIAN PRESS

Sotiropoulos said the youth completed a full medical evaluation and was cleared to compete by the team doctor before the training camp began.

"It's very odd this would happen," he said, adding there has only been one other training camp death in the league's 30-year history.

"It was horrifying news this morning. When you find out he was just 16 years old, that I think is the most tragic part."

He said the young man's father was watching the workout when his son collapsed. The family declined comment through the team.

The five-foot-11 forward is described by a former president of his minor hockey club in Halifax as a gifted player who had a bright future in the game.

Paul MacIsaac, past president of the Bedford Blues, said Boyd had improved his offensive skills during his bantam season in 2011-12.

THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	71	49	.592	—
Tampa Bay	66	50	.569	3
Baltimore	65	52	.556	4½
New York	60	57	.513	9½
Toronto	54	64	.458	16

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	69	48	.590	—
Kansas City	62	54	.534	6½
Cleveland	63	56	.529	7
Minnesota	53	63	.457	15½
Chicago	45	72	.385	24

WEST DIVISION

	W	L	Pct	GB
Texas	69	50	.580	—
Oakland	67	50	.573	1
Seattle	54	63	.462	14
Los Angeles	53	64	.453	15
Houston	37	80	.316	31

Monday's results
Oakland 5 Toronto 1
Texas 2 Houston 1
N.Y. Yankees 2 L.A. Angels 1
Kansas City 6 Miami 2
Chicago White Sox 6 Detroit 2
Minnesota 3 Cleveland 0
Sunday's results
N.Y. Yankees 5 Detroit 4
Cleveland 6 L.A. Angels 5
Oakland 6 Toronto 4
Kansas City 4 Boston 3
Minnesota 5 Chicago White Sox 2
Texas 6 Houston 1
Seattle 2 Milwaukee 0
Tuesday's games — All times Eastern
L.A. Angels (Vargas 6-4) at N.Y. Yankees (Sabathia 9-10), 7:05 p.m.
Boston (Dempster 6-8) at Toronto (Redmond 1-1), 7:07 p.m.
Seattle (Ramirez 3-0) at Tampa Bay (Archer 6-4), 7:10 p.m.
Milwaukee (Estrada 4-4) at Texas (Ogando 5-3), 8:05 p.m.
Miami (Fernandez 8-5) at Kansas City (Chen 5-0), 8:10 p.m.
Detroit (Scherzer 17-1) at Chicago White Sox (Santiago 3-7), 8:10 p.m.
Cleveland (McAllister 4-7) at Minnesota (Deduno 7-5), 8:10 p.m.
Houston (Lyles 4-6) at Oakland (Colon 14-4), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	72	47	.605	—
Washington	57	60	.487	14
New York	54	61	.470	16
Philadelphia	53	65	.449	18½
Miami	44	73	.376	27

CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	70	47	.598	—
St. Louis	67	50	.573	3
Cincinnati	66	52	.559	4½
Chicago	52	66	.441	18½
Milwaukee	51	67	.432	19½

WEST DIVISION

	W	L	Pct	GB
Los Angeles	67	50	.573	—
Arizona	59	57	.509	7½
Colorado	55	64	.462	13
San Diego	53	64	.453	14
San Francisco	52	65	.444	15

Monday's results
Philadelphia 5 Atlanta 1
Cincinnati 2 Chicago Cubs 0
San Diego at Colorado
Baltimore at Arizona
N.Y. Mets at L.A. Dodgers
Sunday's results
Cincinnati 3 San Diego 2 (13 inn.)
Atlanta 9 Miami 4
St. Louis 8 Chicago Cubs 4
Baltimore 10 San Francisco 2
Colorado 3 Pittsburgh 2
N.Y. Mets 9 Arizona 5
Washington 6 Philadelphia 0
L.A. Dodgers 8 Tampa Bay 2
Tuesday's games — All times Eastern
San Francisco (Bumgarner 11-7) at Washington (Gonzalez 7-5), 7:05 p.m.
Philadelphia (Martin 1-1) at Atlanta (Medlen 9-10), 7:10 p.m.
Cincinnati (Bailey 7-10) at Chicago Cubs (Samardzija 6-11), 8:05 p.m.
Pittsburgh (Morton 4-3) at St. Louis (Wainwright 13-7), 8:15 p.m.
San Diego (Stults 8-10) at Colorado (Manship 0-1), 8:40 p.m.
Baltimore (Gonzalez 8-5) at Arizona (Delgado 4-3), 9:40 p.m.
N.Y. Mets (Harvey 9-3) at L.A. Dodgers (Ryu 11-3), 10:10 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	11	7	6	36	24	39
New York	11	8	5	36	31	38
Philadelphia	10	7	7	36	32	37
Montreal	10	7	5	34	34	35
Houston	9	7	6	26	22	33
Chicago	9	9	4	29	32	31
New England	8	9	6	27	23	30
Columbus	7	11	5	27	30	26
Toronto FC	4	11	8	21	31	20
D.C. United	3	16	4	13	38	13

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	12	7	5	39	26	41
Vancouver	10	7	6	36	30	36
Colorado	9	7	9	31	27	36
Portland	8	3	11	32	21	35
Los Angeles	10	9	4	35	30	34
Seattle	10	7	4	29	23	34
FC Dallas	8	6	9	30	33	33
San Jose	8	10	6	25	35	30
Chivas USA	4	13	6	20	40	18

Sunday's results
FC Dallas 3 Los Angeles 3
Chivas USA 1 Colorado 1
Saturday's games — All Times Eastern
D.C. United at Montreal, 7 p.m.
Toronto FC at Columbus, 7:30 p.m.
Chicago at New England, 7:30 p.m.
Philadelphia at New York, 8 p.m.
Seattle at Houston, 9 p.m.
Vancouver at Colorado, 9:30 p.m.
Real Salt Lake at Los Angeles, 10:30 p.m.
FC Dallas at Portland, 11 p.m.

CFL

WEEK 8

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	6	4	2	0	194	141	8
Hamilton	6	2	4	0	129	187	4
Montreal	6	2	4	0	135	177	4
Winnipeg	6	1	5	0	135	173	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	6	5	1	0	210	129	10
Calgary	6	5	1	0	204	160	10
B.C.	6	4	2	0	143	142	8
Edmonton	6	1	5	0	128	169	2

Friday's game — All Times Eastern
Hamilton at Winnipeg, 8 p.m.
Saturday's games
Montreal at Saskatchewan, 4 p.m.
Calgary at B.C., 9 p.m.
Sunday's game
Edmonton at Toronto, 7 p.m.

Horoscopes

♈ Aries
March 21 - April 20
A friend will need cheering up today and you're the right person for the job. No one is happier than you, so be who you were meant to be and let some of those good vibes rub off on those around you.

♉ Taurus
April 21 - May 21
If you get the urge to change direction, do so. Others will complain because it throws their plans into confusion, but what's that to you? Be honest to who you are.

♊ Gemini
May 22 - June 21
Even things that go wrong are part of cosmic design, so don't get too upset if your plans don't work out the way you had hoped over the next 24 hours. It's all good — always.

♋ Cancer
June 22 - July 23
Do something that grabs the attention of important people and keep doing it until you get the recognition you deserve. If the planets are to be believed, it won't be long in coming.

♌ Leo
July 24 - Aug. 23
It won't take much of an effort to get on top of your workload today but can you be bothered? Hopefully you will overcome your lethargy because once you start, you won't want to stop.

♍ Virgo
Aug. 24 - Sept. 23
You can turn any situation to your own advantage now, even those that seem to be going against you. With Mercury, your ruler, linked to power planet Pluto, you are in no mood to give up.

♎ Libra
Sept. 24 - Oct. 23
Certain people are gossiping about you but is it such a big deal? And would you prefer it if no one took any notice of you? If they're talking about you then you must be doing something special.

♏ Scorpio
Oct. 24 - Nov. 22
Honesty is a virtue. But if you are smart you will hold off telling the world what you know today, especially if it involves a friend who might be hurt by the revelations.

♐ Sagittarius
Nov. 23 - Dec. 21
With the Sun in your fellow Fire sign of Leo, you can easily persuade friends and work colleagues to do tasks for you. Sit back and let them do all the hard stuff. They'll be happy and so will you.

♑ Capricorn
Dec. 22 - Jan. 20
Don't act as if time is a factor, because it isn't. Whatever the task you have to compete today, the important thing is that you get it 100 per cent right — however long it takes.

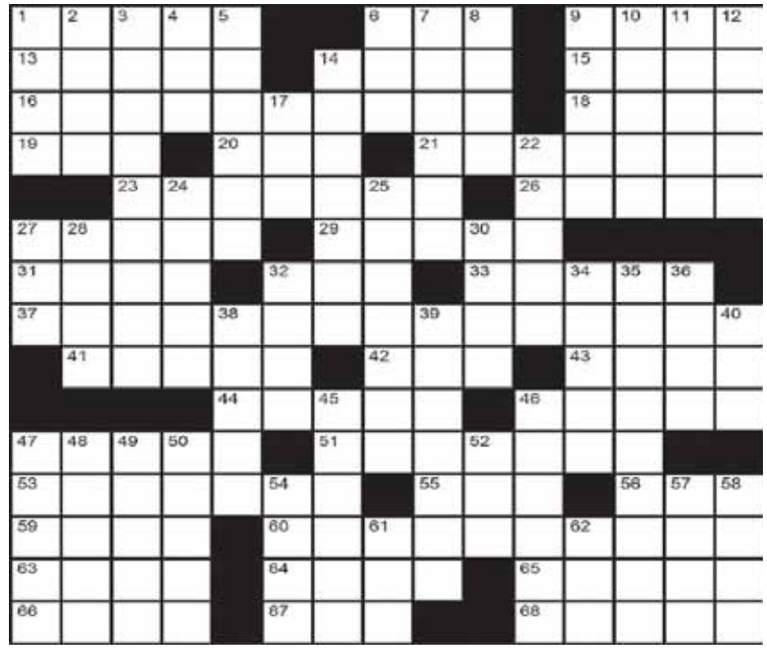
♒ Aquarius
Jan. 21 - Feb. 19
If someone takes you into their confidence today, you must not betray their trust by passing the information on to others. If you do, they will never trust you again. In fact, you'll always be the last to know.

♓ Pisces
Feb. 20 - March 20
You may be tempted to help a friend cover up some kind of transgression but the planets warn it's not a smart move. Let them know that the problem is theirs to resolve. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



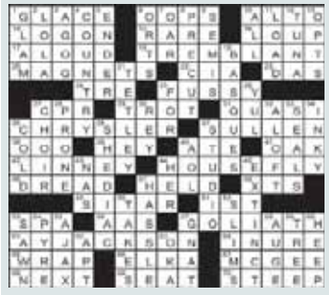
Across

1. 9:30am and 2:45pm
6. "It's Like That" by Run-_ _ _
9. Ms. Turner
13. On _ __ (Is winning)
14. "Bye!"
15. Equal: French
16. 1980 golf comedy
18. __-de-camp
19. Pop group, __ Direction
20. 7th Greek letter
21. Streaming media provider
23. Stone of hieroglyphics
26. Open court hearings
27. Conform
29. Himalayas land
31. Ancient Egypt: Son of Ramses I
32. Sales pro
33. House toppers
37. What an athlete might lose because of steroid use: 2 wds.
41. Special snack
42. Tic-__-Toe
43. Associations [abbr.]
44. Administered, as medication
46. Healed
47. Annie Lennox hit: "No ___ Love You's"
51. Saint Joseph's __ (Montreal church/tourist attraction on Mount Royal)
53. Famous hotel in Ottawa, Fairmont __ Laurier
55. Big noise
56. Scoundrel
59. "Fame" (1980) star Irene
60. Norwegian, for one: 2 wds.
63. Portland, __.
64. Clue
65. Ebb and neap
66. Agile or lively
67. Compass dir.
68. Purges

Down

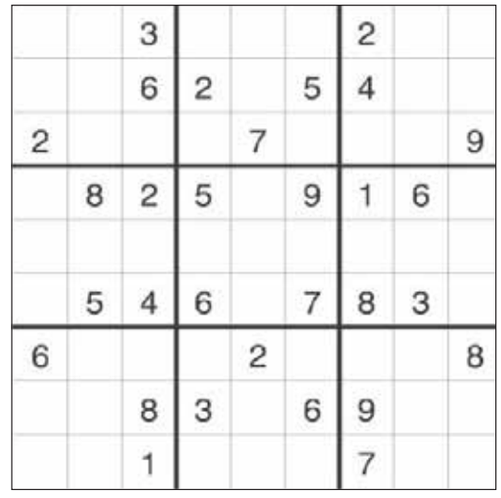
1. Old El Paso kit component
2. Tehran's land
3. Whoopi Goldberg's job on "The View"
4. Yore
5. Most cunning
6. Day: Spanish
7. Pre-Confederation: Premier of the Province of Canada, from 1854 to 1856, Sir Allan __ (b.1798 - d.1862) ...also the great-great-great grandfather of Prince Charles' wife Camilla
8. Pepsi competitor
9. Like Romaine lettuce
10. Nimble
11. Low point
12. Mr. Trebek's
14. Gab
17. Sault __. Marie, Ontario
22. Go from bottom back up __ __
24. Sound off
25. Informant
27. Beast of burden
28. Store section, shortly
30. Mr. Clapton
32. __-Rooter
34. Scent
35. Get to BC's coastal islands from the mainland by way of one: 2 wds.
36. Greenish hue
38. The Beatles' "Sexy __"
39. Tried some: 3 wds.
40. '60s hallucinogenic
45. Manitoba town
46. Bill Haley's backups
47. Doctor on "Star Trek"
48. Family in "Gone with the Wind" (1939)
49. More unique
50. Story, in a house, in French
52. Thanks, to Brits
54. Patient's pain
57. Afresh
58. D'Urbervilles heroine
61. Feminine 'one' in French
62. Sass

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

1	2	5	7	4	9	3	8	6
9	7	6	3	8	2	4	1	5
3	4	8	1	5	6	2	7	9
5	8	1	4	2	3	6	9	7
2	9	3	5	6	7	8	4	1
4	6	7	9	1	8	5	2	3
6	5	9	8	7	4	1	3	2
7	1	4	2	3	5	9	6	8
8	3	2	6	9	1	7	5	4

Weather

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METEOROLOGIST
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